# **New Business Start-Up Program**

We've identified the 100 key factors and steps to help the person starting a new business, and grouped these into 10 distinct areas:

- 1. The Right Opportunity & Right Time?
- 2. Leadership & Management Skills
- 3. The Plan & Strategy
- 4. The Sales Tools and Effort
- Policies & Procedures
- 6. High Profits Fast
- 7. Long Term Success
- 8. Managing the Specific Outcomes
- 9. Owner's Personal Life
- 10. Key Distinctions to Get

## Congratulations for taking this program!

### INTELLECTUAL PROPERTY NOTICE

This material and these concepts are the intellectual property of Coach U, Inc. You may not repackage or resell this program without express written authorization and royalty payment. The exception is that you may deliver this program to single individuals without authorization or fee. If you lead a workshop, develop or deliver a program to a group or company based on or including this material or these concepts, authorization and fees are required. You may make as many copies of this program as you wish, as long as you make no changes or deletions of any kind.

#### **PROGRESS CHART**

Date	Points (+/-)	Score

## NEW BUSINESS START-UP PROGRAM 100-POINT CHECKLIST

	Sections									
#	Α	В	С	D	Е	F	G	Н	- 1	J
10										
9										
8										
7										
6										
5										
4										
3										
2										
1										

GIVE YOURSELF CREDIT AS YOU GET POINTS FROM THE 100-POINT PROGRAM. FILL IN COLUMNS FROM THE BOTTOM UP.



#### A. RIGHT OPPORTUNITY? Dedication: I am totally dedicated to being the best, making lots of money and having the Even if this one fails, it will train me well and put company be extraordinary. me in touch with more opportunities. Problem-Solver & Preventer: I easily reduce a ☐ I don't NEED this new business, either complex problem to bite-sized pieces and then personally or financially. Instead, I WANT it very take extra steps so that this type of problem much. NEVER occurs again. ☐ I have at least 1 year of strong and successful Manager: I manage the operation, and am experience in this field or industry. ☐ This opportunity has very low overhead so I'll aware of the "specific outcomes," factors and have flexibility and be able to afford the learning early warning indicators that will make or break me. ☐ My family, banker, attorney, CPA and coach are supportive of this venture. Number of boxes checked (10 max) ☐ I have at least 6-12 months of expenses (both personal and business) in the bank before C. THE PLAN & STRATEGY starting. ☐ I have experimented FIRST for at least 90-180 days with the field or business so I have I've done a sales and expense pro forma evidence that it works, not just a plan or gut (forecast) for the first 3, 6, 12 and 36 months of my business. ☐ People know what it is that I am selling; it is I have done a start-up cost budget, including familiar. I don't need to spend HOURS educating equipment/capital expenditures, organizational expenses and other expenses needed over the People WANT this product or service; they MAY first 3 months. also NEED it. (Don't sell Castor Oil.) ☐ I have outlined each person's job and how and how often they report to me. (Reporting form □ I have used this product or service, know its value first-hand and totally believe in it. done. too.) I have written out a step by-step action plan with Number of boxes checked (10 max) dozens or scores of steps and I am working that list. I know how much I am going to do and how much I am going to delegate. **B.** BUSINESS SKILLS I have hired an attorney, biz consultant, coach, CPA and other professionals that I need. Leadership: I direct people and efforts easily and I have used well-sourced sales projections to well. establish inventory, personnel and cash needs. Influence: I am not afraid of people (staff, My top 3 goals are clear, written, visually prospects and customers); I have no problem telling them what they should do. displayed, tracked and "gotten" by all as THE ☐ Consistency: I have enough personal discipline priorities, including myself. to stick to this and carry it out. I self-manage and I am willing to rewrite, update or even scrap my plan if the MARKET dictates what I should sell initiate. I don't need lots of support. and how I should sell it. ☐ Eagerness to risk: I am willing to constantly try I track my action plan weekly to see if I am new things, innovate, make it easier and better, course. go for it and risk a portion of money I have. Respect: I honor people; their unique Number of boxes checked (10 max) contribution and I include them in decisions. My staff are my customers. ☐ Emotionally healthy adult: I don't get my needs met by staff/customers, I don't get angry or D. SALES TOOLS & EFFORT react, and I don't take things personally. This business is a game. Only those who can really sell are selling, even if Adequate Reserve: I always have more than I that means just me. I don't train weak ones.



Opportunities.

need: Time, Cash, Space, Skills, Staff, Sales,

manage it.

The company has a DAILY sales quota and I

	I have the brochures I need to attract the		I am naturally cheap, although I'm willing to
	customers to buy.		invest cash in my business to make even more
	I have the sales script/selling points written out,		money.
	memorized and I am very polished.		My target market is well defined, can afford to
	I know how to close people and get paid.		buy and I can access it easily with the contacts
	Every part of the company is designed to		and tools and I have.
	support the sales effort, from concept to quality		I pay cash even for capital expenditures.
_	control to delivery.		I let my clients tell me what they need/want to
	I have set up a great system to prompt word of		buy and I create/sell them THAT vs. trying to
	mouth and referrals. I don't just rely on		come with what I think they want or should need.
	marketing/ads.		I am an extraordinary listener of unspoken
	I have set up a system to fully "get" what the		requests and needs my customers and
	customer or prospect really NEEDS and		prospects have.
	WANTS and quickly make changes to sell them		There is a strong, profitable future in my field or
	THAT. (Relationship-based selling.)		industry. I am not selling buggy whips or hula-
	On a percentage basis, my selling/marketing costs are very low, even if means lost sales.		hoops. There is not much financial risk to me the way I
	I have designed myself, my company and my		have set up my business. I can afford the
_	product or service to be very, very attractive (vs.		mistakes that WILL be made.
	promotive or seductive) to my market.		I am not over-leveraged and am not pushing to
	promotive or deductive, to my market.	_	maximize every single opportunity. I have
	Number of boxes checked (10 max)		patience for the market to decide and buy.
			I have future plans for additional products and
			revenue streams.
E.	Policies/Procedures		
			North and file and a short of (40 areas)
	I have a daily and weekly checklist of what must		Number of boxes checked (10 max)
			_ Number of boxes effected (10 max)
	be done and by whom.		- Namber of Boxes effected (10 max)
	be done and by whom.  I have a monthly and quarterly, similar, checklist.	6	
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done	G.	LONG-TERM SUCCESS
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent		LONG-TERM SUCCESS
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports.	G.	LONG-TERM SUCCESS  My company's mission statement is authentic
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that		LONG-TERM SUCCESS  My company's mission statement is authentic and reflects my feelings and thoughts perfectly;
0	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures.	_	LONG-TERM SUCCESS  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it		Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission
0	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made.	_	Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and	_	Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made.	_	Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive.	_	Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled,	0	Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees.
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled	0	Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees.  My customers can easily articulate the benefits
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled this afternoon, I'd be back in business in the	0	Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees.  My customers can easily articulate the benefits of my services or products - and do so.
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled this afternoon, I'd be back in business in the morning and/or have insurance money to help.	0	Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees.  My customers can easily articulate the benefits of my services or products - and do so.  I update my policies and procedures manual
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled this afternoon, I'd be back in business in the		Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees.  My customers can easily articulate the benefits of my services or products - and do so.  I update my policies and procedures manual annually.
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled this afternoon, I'd be back in business in the morning and/or have insurance money to help. I have selected the best legal form of business.		Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees.  My customers can easily articulate the benefits of my services or products - and do so.  I update my policies and procedures manual annually.  I continually upgrade all aspects of my
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled this afternoon, I'd be back in business in the morning and/or have insurance money to help.		Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees.  My customers can easily articulate the benefits of my services or products - and do so.  I update my policies and procedures manual annually.  I continually upgrade all aspects of my operational systems for the highest possible
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled this afternoon, I'd be back in business in the morning and/or have insurance money to help. I have selected the best legal form of business.		Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees.  My customers can easily articulate the benefits of my services or products - and do so.  I update my policies and procedures manual annually.  I continually upgrade all aspects of my operational systems for the highest possible productivity.
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled this afternoon, I'd be back in business in the morning and/or have insurance money to help. I have selected the best legal form of business.  Number of boxes checked (10 max)		Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees.  My customers can easily articulate the benefits of my services or products - and do so.  I update my policies and procedures manual annually.  I continually upgrade all aspects of my operational systems for the highest possible productivity.  I know how, and am, building a strong, positive,
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled this afternoon, I'd be back in business in the morning and/or have insurance money to help. I have selected the best legal form of business.		Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good.  The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees.  My customers can easily articulate the benefits of my services or products - and do so.  I update my policies and procedures manual annually.  I continually upgrade all aspects of my operational systems for the highest possible productivity.  I know how, and am, building a strong, positive, reputation in my niche.
0 0 0 0 0 0 F.	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled this afternoon, I'd be back in business in the morning and/or have insurance money to help. I have selected the best legal form of business.  Number of boxes checked (10 max)		Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good. The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees. My customers can easily articulate the benefits of my services or products - and do so. I update my policies and procedures manual annually.  I continually upgrade all aspects of my operational systems for the highest possible productivity.  I know how, and am, building a strong, positive, reputation in my niche.  I continually add value to my product or service.
	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled this afternoon, I'd be back in business in the morning and/or have insurance money to help. I have selected the best legal form of business.  Number of boxes checked (10 max)  HIGH PROFITS NOW I've set the company up to be more profit driven		Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good. The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees. My customers can easily articulate the benefits of my services or products - and do so. I update my policies and procedures manual annually.  I continually upgrade all aspects of my operational systems for the highest possible productivity.  I know how, and am, building a strong, positive, reputation in my niche.  I continually add value to my product or service.  I don't just keep up with my competitors; I
0 0 0 0 0 0 F.	be done and by whom. I have a monthly and quarterly, similar, checklist. The accounting and bookkeeping is being done easily, accurately and timely. I get frequent reports. I have designed the company systems so that there is a minimum of paper and procedures. I delegate many decisions down line, even if it means that mistakes are made. Staff meetings are creative, reportive and training-based vs. chatty or confrontive. The company has a policies and procedures manual. My business is so well planned, controlled, insured that if my home or office were leveled this afternoon, I'd be back in business in the morning and/or have insurance money to help. I have selected the best legal form of business.  Number of boxes checked (10 max)		Long-Term Success  My company's mission statement is authentic and reflects my feelings and thoughts perfectly; it doesn't just sound good. The staff knows and backs the mission statement.  I have put together a savvy 5-member board of advisors with whom I meet monthly and respond to their counsel.  I have implemented rigorous, but lucrative, incentive plans for all key employees. My customers can easily articulate the benefits of my services or products - and do so. I update my policies and procedures manual annually.  I continually upgrade all aspects of my operational systems for the highest possible productivity.  I know how, and am, building a strong, positive, reputation in my niche.  I continually add value to my product or service.



Н.	THE SPECIFIC OUTCOMES
0000000000	I know what my gross profit margins are. I know what my net profit needs to be. I know what my re-order points are. I know my cash flow needs. I know my daily/weekly sales goals and results. I know how quickly I collect my receivables. I know my referral rate as a percentage of sales. I know my sales costs percentage. I know my current and aged receivables. I know my
	Number of boxes checked (10 max)
l.	PERSONAL LIFE
0 00000000	I have a right-hand person/executive assistant who handles every detail so that I have space. I am adrenaline and addiction free. I have a strong Personal Foundation. My family loves and enjoys my company. I am model for other Entrepreneurs/CEOs. I take excellent care of my health. I don't "do" stress. Nothing is worth that. I have plenty of personal funds. I am proud of myself as I am. I don't have anything to prove and I don't push myself hard. I know it is out of integrity to do so. I have something "better to do" after work each day than work.  Number of boxes checked (10 max)
J.	KEY DISTINCTIONS
	Responsible vs. in a position to react Profitability vs. growth/revenue Minimum vs. maximum work Leadership vs. management Priorities vs. agendas of others Frugal vs. penny pincher Risk/experimentation vs. "going for broke" It's a game vs. a passion/cause/need Support vs. control Self vs. ego

Number of boxes checked (10 max)

#### INSTRUCTIONS

There are 4 steps to completing the **New Business Start-up Program.**™

**Step 1: Answer each question**. If the statement is true, check the square. If not leave it blank until you've done what it takes for it to be a full YES. Be rigorous; be a hard grader.

Step 2: Summarize each section. Add up the number of checked squares for each of the 10 sections and write those amounts where indicated. Then add up all 10 sections and write the current total in the box on the front of this form.

Step 3: Color in the Progress Chart on the front page. If you have 5 checks in the Accounting section, color in the bottom 5 boxes, and so on. Always start from the bottom up. The goal is to have the entire chart filled in. This will indicate that you are managing your company well.

Step 4: Keep playing until all boxes are filled in. This process may take 30 or 360 days, but you can do it!! Use your coach or advisor to assist you.

